

chocolate chip

COOKIE MUG CAKE

INGREDIENTS

1 tablespoon almond flour

2 tablespoons coconut flour

1/2 teaspoon baking powder

2 tablespoons egg whites

2 tablespoons unsweet almond milk

1 tablespoon honey

1 tablespoon dark chocolate chips

INSTRUCTIONS

Mix all ingredients into a mug. Microwave at high for 1 minute. Add a scoop of ice cream to make it a naughty dessert! Enjoy!

FITBYJENNIFER.COM